



# Vizzio's Institute of Martial Arts

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Mon	Tue	Wed	Thu	Fri	Sat
<b>4:15 PM</b>	<b>4:15 PM</b>	<b>4:15 PM</b>	<b>4:15 PM</b>	<b>4:15 PM</b>	<b>9:00 AM</b>
Kids <b>BASIC</b> Kung-Fu	Kids <b>ADV</b> Kung-Fu	Kids <b>BASIC</b> Kung-Fu	Kids <b>ADV</b> Kung-Fu	<b>SWAT/STORM</b>	All ages/All Ranks <b>FAMILY</b> Kung-Fu
<b>5:00 PM</b>	<b>5:00 PM</b>	<b>5:00 PM</b>	<b>5:00 PM</b>	<b>5:00 PM</b>	<b>10:00 AM</b>
Kids <b>BEG</b> Kung-Fu	Kids <b>DP</b> Kung-Fu	Kids <b>BEG</b> Kung-Fu	Kids <b>DP</b> Kung-Fu	Kids <b>BEG</b> Kung-Fu	FU-BOX
<b>5:45 PM</b>	<b>5:45 PM</b>	<b>5:45 PM</b>	<b>5:45 PM</b>	<b>5:45 PM</b>	<b>11:00 AM</b>
<b>Tumbling</b> <b>Tigers</b> \$10 pay as you go	Kids & Adults <b>PT SPAR</b>	<b>ZUMBA</b>	Kids & Adults <b>WEAPONS</b>	<b>DEGREE</b> <b>CLUB</b>	<b>ZUMBA</b>
<b>6:30 PM</b>	<b>6:30 PM</b>	<b>6:30 PM</b>	<b>6:30 PM</b>	<b>6:30 PM</b>	
FU-BOX Cardio Jam	Adult <b>BEG/DP</b> Kung-Fu	FU-BOX Bags & Drills	Adult <b>BEG/DP</b> Kung-Fu	<b>ADV</b> FU-BOX	
<b>7:30 PM</b>	<b>7:30 PM</b>	<b>7:30 PM</b>	<b>7:30 PM</b>	<b>7:30 PM</b>	
<b>ZUMBA</b>	FU-BOX Fit Kick	Adult <b>ADV</b> Kung-Fu	FU-BOX Targets	Adult <b>ADV</b> Kung-Fu	