



Vizzio's Institute of Martial Arts

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Mon	Tue	Wed	Thu	Fri	Sat
4:15 PM	4:15 PM	4:15 PM	4:15 PM	4:15 PM	
Kids BASIC Kung-Fu	Kids ADV Kung-Fu	Kids BASIC Kung-Fu	Kids ADV Kung-Fu	SWAT/STORM	Happy Spring and Summer!
5:00 PM	5:00 PM	5:00 PM	5:00 PM	5:00 PM	Saturday Classes will resume next winter
Kids BEG Kung-Fu	Kids DP Kung-Fu	Kids BEG Kung-Fu	Kids DP Kung-Fu	Kids BEG Kung-Fu	
5:45 PM	5:45 PM	5:45 PM	5:45 PM	5:45 PM	
Tumbling Tigers \$10 pay as you go	Kids & Adults PT SPAR	ZUMBA	Kids & Adults WEAPONS	DEGREE CLUB	
6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	
FU-BOX Cardio Jam	Adult BEG/DP Kung-Fu	FU-BOX Bags & Drills	Adult BEG/DP Kung-Fu	ADV FU-BOX	
7:30 PM	7:30 PM	7:30 PM	7:30 PM	7:30 PM	
ZUMBA	FU-BOX Fit Kick	Adult ADV Kung-Fu	FU-BOX Targets	Adult ADV Kung-Fu	